

## New ideas. A new direction. Where do you want to go?



### Finding the energy and drive for new endeavours

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Who are you and where do you want to go? – Gaining clarity on these questions will positively impact your presence and radiance. Making decisions becomes easier; personal strengths come to the fore and suddenly a zest for life returns.

I guide individuals, executives, companies and teams through this development process via 1 on 1 sessions, tailor made workshops and consulting mandates:

#### Coaching for individuals – Zest for personal development

- Define and develop a personal vision
- Build an awareness of your strengths and draw on them
- Set and reach goals that really motivate you
- Understand and cultivate authentic self-marketing
- Improve self-organisation
- Manage crises triggered by change

#### Consulting for managers and businesses – joy in business

- Develop a new vision and strategy for your company with team leaders or based on your personal motivation
- Promote and develop managers and their authentic leadership style
- Build, support and manage teams successfully
- Understand innovation and creativity and bring these skills into the business
- Initiate and successfully implement change processes

### Buschor Coaching & Consulting combines business with meaning – a winning combination

Active engagement, commitment, perseverance, and a healthy portion of creativity and humor are central to the way I work, and to ensuring that competencies and individual strengths of all participants are fully realized.

My work experience combines ten years of international team and project management in the financial services industry, more than five years' experience in executive coaching and consulting and professional training (C.G. Jung Institute) and practice as psychoanalyst.

### Nathalie Buschor – Curriculum

#### Leadership & Team Development – Change & Vision – Executive Coaching

- Founder of Buschor Coaching & Consulting, Zürich
- Executive MBA Lecturer at the University of Zurich, Basle, Schumacher College UK
- Coach und Mentor at IMD Lausanne, University of St. Gallen (HSG)

#### Corporations and international organisations

- Credit Suisse Trust & Foundations, Head of Business Development
- UBS Business Banking & Wealth Management, Senior Consultant
- Zurich Financial Services Merger & Acquisitions, Senior Transactor
- Citicorp Business Banking, Corporate Sales
- Council of Europe, Environmental Matters, Project Manager
- Ingeus AG, Special advisor

#### Education

- CC.G. Jung-Institute Küsnacht/ISAP Zurich: MSc Personal Development/ Individuation
- Completed personal Jungian analysis and supervision including clinical and therapeutic experience
- MsC. in occupational, organisational and behavioural psychology, University of Zurich
- MsC. in Psychopathology, University of Zurich
- CFA, Chartered Financial Analyst, New York
- University of St. Gallen: lic.oec. HSG, MsC. Corporate Finance
- École Supérieure de Paris ESCP Paris: Marketing
- Haute Études Commerciales, HEC Montreal: Portfolio Management

#### Memberships

- FSP, Coaching section, HSG Alumni
- Licensed trainer for the Golden Personality Profiler (GPOP), 360° Feedback, Best Year Yet, Authentic Happiness Inventory
- Zen meditation practitioner at Lassalle-Haus, Bad Schönbrunn